



Smart Snacks Product Calculator Results

Brand:

General Mills

Product Name:

Oats 'n Honey Granola Bar

Serving Size:

42.00 g

First Ingredient:

Whole Grain Oats

- Your whole grain product meets all nutrient standards.

Nutrition Facts

Serving Size 42.00 g

Amount Per Serving

Calories 190

Calories from Fat 60

Total Fat (g) 6

Saturated Fat (g) 0.5

Trans Fat (g) 0

Sodium (mg) 160

Carbohydrates

Sugars (g) 12

Vitamin D (%) NA

Potassium (%) NA

Calcium (%) NA

Dietary Fiber (%) NA

LEADING THE WAY FOR CHILDREN'S HEALTH

FOUNDED BY:

