



Smart Snacks Product Calculator Results

████████████████████

Brand:
Sunshine

████████████████████

Product Name:
Whole Grain Cheez-Its

████████████████████

Serving Size:
28.00 g

████████████████████

First Ingredient:
Whole Wheat Flour

████████████████████

- Your whole grain product meets all nutrient standards.

Nutrition Facts

Serving Size 28.00 g

████████████████████

Amount Per Serving

Calories 130

Calories from Fat 40

████████████████████

Total Fat (g) 4.5

Saturated Fat (g) 1

Trans Fat (g) 0

Sodium (mg) 200

Carbohydrates

Sugars (g) 0

████████████████████

Vitamin D (%) NA Potassium (%) NA

Calcium (%) NA Dietary Fiber (%) NA